

My Weight Loss Story

Weight Lost: 67 pounds



Before



After

“Hi, my name is Kris, and I want to share my journey with you in hopes of helping someone who may be on the fence. I have struggled with my weight practically my whole life. I was married, had three children, and took care of them, my spouse, and my parents. I cared for everyone but myself. At 64 years old, and pretty much the heaviest I’ve ever been, I decided to take a chance on gastric sleeve surgery. After meeting with Dr. Finley for about an hour, he explained everything to me. He made things simple and clearly explained everything I needed to know. I felt confident moving forward, and we decided to go for it. It was finally my time to take care of me. Before my surgery, I was sad and didn’t want to go anywhere or do anything. I felt horrible and only wore baggy clothes. Now, I am six months post-surgery and probably have more energy than I’ve had in a million years. I look better. I feel better. I’ve stopped taking four different medications because of the weight loss. My husband sees a glow in my eyes. I don’t mind going for walks, taking the dogs out, and doing things I haven’t done in forever. It’s all thanks to Dr. Finley, Amanda, and their staff. They made me feel comfortable and very supported. If anyone is thinking about doing this, please just meet with Dr. Finley—he will take care of you. Put some spark back into your life.”

-Kris M.