

# My Weight Loss Story

Weight Lost: 104 pounds



**Before**



**After**

“I have to give the thanks and credit for getting my health back on track to the awesome surgeon, Dr. Finley, who did my bariatric bypass back in August of 2023. I started this weight loss journey to get better for myself, but most of all to be able to enjoy life with my children and grandchildren. I have Lupus and Sjogren’s syndrome, so there are good and bad days, and my weight played a huge role in the pain and agony I have been in for so many years. I started this journey weighing 222.6 pounds, and now I am weighing 119 pounds. This is a huge journey for anyone to take, but it is well worth it. My pain has lessened to the point that I am able to play with my grandbabies and enjoy them the way they deserve to be enjoyed. Thanks to the amazing help and encouragement from Dr. Finley, his amazing nurse Ashley, and of course the Dietitian Amanda Nedd, this is such an incredible team of doctors.”

**-Sara R.**